



Evaluation of Childhood Traumas, Depressive Symptoms, and Dissociative Experiences in Tinnitus Cases

Tinnitus Olgularında Çocukluk Çağı Travmaları, Depresif Belirtiler ve Dissosiyatif Yaşantıların Değerlendirilmesi

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ABSTRACT

Objective: Tinnitus is described as the perceived sound without any external stimulus and is a common problem, but its mechanism is not fully understood. This study aimed to evaluate childhood traumas and dissociative experiences, which may be predisposing factors in patients with tinnitus.

Methods: The study included 90 voluntary patients (45 patients with tinnitus and 45 in the control group) aged older than 18 years who applied to the otorhinolaryngology clinic between November 2018 and February 2019 and were diagnosed with subjective tinnitus. A personal information form together with childhood trauma, hospital anxiety and depression, and dissociative experiences scales were used to assess the patients.

Results: Of all participants, 55.60% were males, 28.90% were 20-30 years old, 71.10% were married, 40% were primary school graduates, and 68.90% were employed. In addition, 77.78% of patients did not visit a psychiatrist and 75.56% did not have any chronic diseases. The mean total score of Childhood Trauma Scale for the tinnitus group was 54.37±10.17, the mean total score of The Hospital Anxiety and Depression Scale for the tinnitus group in the depression subscale was 12.22±5.41 and in the anxiety subscale was 10.54±3.5, and Dissociative Experiences was 13.48±4.68. A positive significant relationship was found between the childhood traumas of the tinnitus cases in their depressive symptoms, and dissociative experiences ($p<0.05$).

Conclusions: The study results found a positive relationship between the childhood traumas and dissociative experiences of tinnitus cases, which can be considered as predisposing factors in patients with tinnitus who should also be investigated for childhood trauma, and the treatment approach should be multidisciplinary.

Keywords: Childhood traumas, dissociative experiences, depression, tinnitus

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ÖZ

Amaç: Tinnitus, herhangi bir dış uyaran olmaksızın algılanan ses olarak tanımlanır ve yaygın bir sorundur, ancak mekanizması tam olarak anlaşılamamıştır. Bu çalışmada tinnitüslü hastalarda predispozan faktör olabilecek çocukluk çağı travmaları ve dissosiyatif yaşantıların değerlendirilmesi amaçlanmıştır.

Yöntemler: Çalışmaya Kasım 2018-Şubat 2019 tarihleri arasında kulak burun boğaz polikliniğine başvuran ve subjektif tinnitus tanısı konulan 18 yaş üstü 90 gönüllü (tinnitüslü 45 hasta ve kontrol grubunda 45 hasta) dahil edildi. Hastaları değerlendirmek için kişisel bilgi formu, çocukluk çağı travması, hastane anksiyetesi ve depresyonu ve dissosiyatif yaşantılar ölçekleri kullanıldı.

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Bulgular: Katılımcıların %55,60'ı erkek, %28,90'ı 20-30 yaş aralığında, %71,10'u evli, %40'ı ilkokul mezunu ve %68,90'ı çalışmaktadır. Hastaların %77,78'inin psikiyatriste gitmediği ve %75,56'sının herhangi bir kronik hastalığı olmadığı belirlendi. Tinnituslu hastaların Çocukluk Çağı Travma Ölçeği toplam puanı 54,37±10,17, Hastane Anksiyete ve Depresyon Ölçeği puanı 12,22±5,41, hastane anksiyete puanı 10,54±3,5 ve Dissosiyatif Yaşantılar puanı 13,48±4,68 olduğu tespit edildi. Tinnitus olgularının çocukluk çağı travmaları, depresif belirtileri ve dissosiyatif yaşantıları arasında pozitif yönde istatistiksel olarak anlamlı ilişki bulundu ($p<0,05$).

Sonuçlar: Tinnitus olgularının çocukluk çağı travmaları ile dissosiyatif yaşantıları arasında pozitif bir ilişki bulunmuştur ki bu durum tinnituslu hastalarda predispozan faktör olarak kabul edilebilir. Tinnituslu hastalar çocukluk çağı travması açısından araştırılmalı ve tedaviye multidisipliner yaklaşılmalıdır.

Anahtar kelimeler: Çocukluk çağı travmaları, dissosiyatif yaşantılar, depresyon, tinnitus

INTRODUCTION

Tinnitus is one of the most common symptoms of the hearing system and is described as the presence of sound in the ear or within the head without any external stimulation. Tinnitus originates from the Latin word "tinnire," and is classified as objective and subjective. The sound felt in objective tinnitus occurs as a result of muscle contractions in the head and neck region and turbulent blood flow^{1,2}.

The most important feature of objective tinnitus is that the sounds that disturb the patient are also heard from outside. Sounds that cause objective tinnitus reflect the perception of internally produced sounds from joints, muscles, turbulent blood flow, or otoacoustic emission. The patient hears the real sound; however, it may not always be heard from outside and the physician may use devices, such as a stethoscope or microphone³. Contrarily, the more common condition of subjective tinnitus is an abnormal sound perception that is exclusively felt by the patient without any acoustic source, which is thought to occur as a result of abnormal neural activity that cannot be heard from the outside and occurs without sound stimulus. The pathology that causes subjective tinnitus can be anywhere from the external auditory canal to the auditory center⁴.

Otological causes, metabolic dysfunctions, neurological disorders, and pharmacological treatments can be involved in the etiology of subjective tinnitus^{1,2}.

The generally accepted theory in the pathophysiology of tinnitus is the Jastreboff Neurophysiological Tinnitus Model⁵, which is an approach that covers all hypotheses that are thought to play a role in the etiology and pathogenesis of tinnitus and provides a holistic explanation of the emergence and persistence of tinnitus. In this model, tinnitus is a nonspecific reflection of a disease that originates from the ear, auditory nerve, or central auditory center and is usually associated with hearing loss. Tinnitus is accepted to be caused by pathology in the

auditory system or is caused by abnormal perception of normal neural activity even without sound in the auditory system⁶.

The underlying mechanism of tinnitus, in addition to the acoustic component, also includes cognitive, emotional, and memory components. These components are assumed to interact with each other. The emotional component determines the severity of tinnitus perceived by the patient. Research shows that the emotional effects of tinnitus and the discomfort experienced by patients are interrelated and originate from a common network in the brain^{7,8}.

Tinnitus might be an unaccompanied complaint or might be associated with symptoms, such as hearing loss and dizziness. This condition affects 15% of the general population, with a prevalence that reaches 33% in patients older than 60 years old⁹. Most tinnitus cases have no objective test to detect its presence or severity. Therefore, the diagnosis is based on the history that was taken from the patient and the evaluation of its effect on the patient¹⁰. The first thing to ask the patient is the first appearance, location, and characteristic of tinnitus. Particularly, a rhythmic or pulsatile component should be asked. The severity and frequency of tinnitus in patients can be measured to generate basic information, facilitate therapy, and investigate treatment effects. The following are the four stages of measuring tinnitus: tinnitus frequency, tinnitus severity, maskability, and residual inhibition¹¹.

Objective concepts, such as morbidity and mortality, are discussed in the evaluation of diseases. However, the patient is a combination of physical, mental, and social concepts and the recovery rates are higher in cases handled as a whole. Therefore, psychiatric symptoms have become one of the main study areas. Tinnitus can be accompanied by some psychiatric symptoms, such as somatization, anxiety, and depression. Levels of depression and anxiety are high in patients with tinnitus¹². Many factors, such as physical and emotional, affect the

ability to cope with tinnitus, and changes in tinnitus under stress affect the quality of life. The severity of patient complaints should be addressed, and it should be remembered that patients may attempt suicide under depression¹³.

Epidemiological studies on the frequency, severity, and duration of psychiatric symptoms in patients with tinnitus are very limited. Traumatic experiences in childhood affect the psychological functions in adulthood, and the psychological traumas experienced by the individual during childhood have been reported to be important contributors in dissociation formation¹⁴. Dissociative experiences originating from trauma causes division of personality structures that are closely related to the mental and behavioral characteristics of individuals. Dissociation, as an adaptation response to the usual dynamics of life and, prevents the loss of control of the lives of individuals to a certain extent. Despite physical control over time, dissociation turns into a permanent mechanism that creates a feeling of mental helplessness¹⁴.

Uncertainty in the etiopathogenesis of tinnitus continues today. The present study aimed to examine the relationship between childhood traumas, depressive symptoms, and dissociative experiences of cases with tinnitus. Thus, a possible relationship between variables will contribute to understand the disease etiology and regulate new dimensions in treatment approaches. The significance of the present study is its uniqueness within the relevant literature.

MATERIALS and METHODS

Participants

The study included 90 voluntary patients (45 patients with tinnitus and 45 in the control group) aged older than 18 years who applied to the otorhinolaryngology clinic between November 2018 and February 2019 and were diagnosed with subjective tinnitus. The study group was determined using the cluster sampling method. The control group consisted of completely healthy individuals. All patients that suffered from tinnitus for at least 3 months before the study with no visible improvement despite medication were subjected to ear, nose, and throat examination, and then their detailed medical history was collected. The characteristics of tinnitus were investigated to distinguish between subjective and objective tinnitus. Patients diagnosed with eardrums and/or middle ear pathology during the otoscopic examination were excluded from the study.

All patients were evaluated using pure tone audiometry and tympanometry. Further, temporal bone magnetic resonance imaging was performed in all patients to rule out retrocochlear pathology. Patients with diseases that may cause objective tinnitus, such as, otosclerosis, chronic otitis media, acoustic tumor, Meniere's disease, ear surgery history, and neuropsychiatric disease, were excluded from the study.

The study was approved by the local Scientific Research and Publication Ethics Committee (Inonu University Health Sciences Non-Invasive Clinical Research Ethics Committee) with decision number 2018/22-9 (date: 04.12.2018), and all patients were informed about the study before obtaining informed consent.

Assessment

Personal Information Form: A personal information form prepared by the authors was used to determine the sociodemographic characteristics of participants. Details, including the participants' gender, age, marital status, presence of chronic diseases, and psychiatric treatment history, were collected.

Dissociative Experiences Scale (DES): This self-report scale, developed by Bernstein and Putnam¹⁵ with 28 items, quantitatively rates dissociative experiences. Sar et al.¹⁶ tested and approved the Turkish validity and reliability of the scale. DES is not a diagnostic tool; rather, it is used for screening chronic dissociative disorders. The Turkish version of the scale has high validity and reliability, similar to the original scale. The possible score ranges between 0 and 100, and the result is obtained by calculating the average of the total scores, wherein scores above 30 indicate the presence of dissociative disorder. The validity and reliability of studies conducted using this scale in Turkey showed high reliability of internal consistency (Cronbach's alpha =0.91) and test-retest correlation (r=0.78). The internal consistency coefficient of the scale in the present study was 0.97.

Childhood Trauma Scale (CTS): Şar et al.¹⁷ performed the validity and reliability study of the Turkish version of the original CTS developed by Bernstein et al.¹⁸. CTS is a self-report scale used for retrospectively and quantitatively evaluating the experiences of abuse and neglect before the age of 20 years. The scale comprises 28 items, wherein each item is scored between 1 and 5. The scale contains five subdimensions, including sexual, physical, emotional, and emotional abuse, as well as physical neglect, and the total CTS score is calculated by summing the five subdimensions. All sub-scores range between 5 and 25, whereas the total score ranges

between 25 and 125. The Cronbach alpha value, which shows the internal consistency of the scale, was 0.93 for all participants (n=123), and the Guttman half-test coefficient was 0.97. High scores on CTS indicate that the individual suffered from high levels of abuse and neglect. The internal consistency coefficient of the scale was 0.93, and the test-retest reliability was 0.90. The internal consistency coefficient of the scale was 0.72.

Hospital Anxiety and Depression Scale (HADS): The HADS is frequently used to scan anxiety and depression symptoms in the form of a self-report scale in the hospital environment. HADS was developed by Zigmond and Snaith¹⁹, and its Turkish validity and reliability were verified by Aydemir et al.²⁰. It contains 14 questions, 7 of which measure anxiety, and the other 7 measure depression. Aydemir et al.²⁰ found that the cut-off scores for the anxiety and depression subscales (HADS-A and HADS-D) are 10 and 7, respectively. Thus, those who scored above these cut-off values are considered to be at risk.

Statistical Analysis

The statistical analysis of the data collected from patients through the patients' information form, CTS, and DES was performed using the Statistical Package for the Social Sciences 22.00 software. Descriptive statistics, such as frequency distribution, mean, independent t-test, and standard deviation were used to define the sample. The Pearson correlation analyses were used to determine the direction and level of the relationship among variables. The significance level was set at a p-value of <0.05.

RESULTS

Sociodemographic characteristics, stratified by the tinnitus group and control group, are presented in Table I. No statistically significant difference was found between the tinnitus group and the control group in terms of age, gender, education, marital status, employment status, and psychiatric illness (p>0.05).

Table I. Sociodemographic characteristics stratified by tinnitus and control group.			
Variable	Tinnitus group	Control group	Statistical analysis
Gender			
Female, n (%)	20 (44.40)	23 (51.11)	$\chi^2=0.52$ p>0.05
Male, n (%)	25 (55.60)	22 (48.89)	
Age			
20-30 years old, n (%)	13 (28.90)	14 (31.11)	$\chi^2=0.38$ p>0.05
31-40 years old, n (%)	11 (24.40)	13 (28.89)	
41-50 years old, n (%)	11 (24.40)	9 (20.00)	
Over 51 years old, n (%)	10 (22.20)	9 (20.00)	
Marital status			
Married, n (%)	32 (71.10)	35 (77.78)	$\chi^2=0.47$ p>0.05
Single, n (%)	13 (28.90)	10 (22.22)	
Education status			
Primary, n (%)	18 (40.00)	17 (37.78)	$\chi^2=1.14$ p>0.05
High school, n (%)	16 (35.60)	16 (35.56)	
University, n (%)	11 (24.40)	12 (26.67)	
Working condition			
Employed, n (%)	31 (68.90)	29 (64.44)	$\chi^2=2.37$ p>0.05
Unemployed, n (%)	14 (31.10)	16 (35.56)	
Psychiatric history			
No, n (%)	35 (77.78)	37 (82.22)	$\chi^2=1.49$ p>0.05
Yes, n (%)	10 (26.67)	8 (17.78)	
Chronic disease			
No, n (%)	34 (75.56)	36 (80)	$\chi^2=2.83$ p>0.05
Yes, n (%)	11 (24.44)	9 (20)	

Table 2 shows the mean scores of the tinnitus group for CTS subdimensions, depression, and DESs. The CTS total score of the tinnitus group was 54.37±10.17. The subdimensions of CTS included the emotional abuse score of 8.97±1.95; physical abuse of 6.15±3.38; sexual abuse of 5.57±1.58; emotional neglect of (14.97±3.93); physical neglect of 10.11±2.08; and trauma underestimation of 8.57±2.35. The CTS total score of the control group was 32.46±3.24, wherein the subdimensions included the emotional abuse score of 5.82±1.82; physical abuse of 4.11±1.21; sexual abuse of 4.32±1.10; emotional neglect of 10.81±2.25; physical neglect of 8.02±1.07; and trauma underestimation of 5.12±2.41. Accordingly, significant differences were found between the tinnitus and control groups in the total CTS score (t=1.21; p<0.05).

The average HADS-D and HADS-A scores of the tinnitus group were 12.22±5.41 and 10.54±3.57, respectively, whereas in the control group, were 9.2±2.13 and 8.12±1.98, respectively. Accordingly, a statistically significant difference was found between the HADS-D and HADS-A score averages of the tinnitus and control groups (t=0.45; p<0.05).

The total DES score of the tinnitus (13.48±4.68) and control groups (8.27±3.42) was determined. Accordingly, a statistically significant difference was found between the DES score averages of the tinnitus and control groups (t=0.45; p<0.05).

Table 3 presents a positive correlation (p<0.05) between the total scores of CTS of patients and the subdimensions of emotional abuse, physical abuse,

Table 2. Childhood trauma subdimensions, hospital Anxiety and Depression, Dissociative Experiences Scale mean scores of the tinnitus and control group.

Scales	Case group	Control group		
Childhood trauma subdimensions	\bar{X} SD	\bar{X} SD	t	p
Emotional abuse	8.97 (1.95)	5.82 (1.82)		
Physical abuse	6.15 (3.38)	4.11 (1.21)		
Sexual abuse	5.57 (1.58)	4.32 (1.10)		
Emotional neglect	14.97 (3.93)	10.81 (2.25)		
Physical neglect	10.11 (2.08)	8.02 (1.07)		
Trauma underestimation	8.57 (2.35)	5.12 (2.41)		
Total childhood trauma	54.37 (10.17)	32.46 (3.24)	1.21	0.03
Dissociative Experience Scale	13.48 (4.68)	8.27 (3.42)	0.45	0.02
Hospital Anxiety and Depression Scale-Depression	12.22 (5.82)	9.2 (2.13)	0.92	0.04
Hospital Anxiety and Depression Scale-Anxiety	10.54 (3.57)	8.12 (1.98)	1.83	0.02

\bar{X} : Mean, SD: Standard deviation

Table 3. Correlation between childhood trauma, dissociative experiences, and depressive symptoms among the cases.

Scale/subdimensions	1	2	3	4	5	6	7	8	9
1. CTQ total	1								
2. Emotional abuse	0.427*	1							
3. Physical abuse	0.420*	0.825	1						
4. Sexual abuse	0.429*	0.852	0.410	1					
5. Emotional neglect	0.348*	0.889	0.370	0.174	1				
6. Physical neglect	0.410*	0.784	0.582*	0.458	0.859	1			
7. HADS-D	0.542*	0.824	0.321	0.753	0.874*	0.548	1		
8. HADS-A	0.318*	0.819	0.810	0.734	0.777	0.425*	0.485	1	
9. DES total	0.420*	0.528	0.725	0.236	0.258	0.158	0.358*	0.748	1

CTQ: Childhood trauma questionnaire, HADS-D: Hospital Anxiety and Depression Scale-Depression, HADS-A: Hospital Anxiety and Depression Scale-Anxiety, DES: Dissociative Experiences Scale, *p<0.05

physical neglect, sexual abuse, emotional neglect, depression, and dissociative experiences [Total, ($r=0.420$, $p<0.05$); emotional abuse, ($r=0.271$, $p<0.05$); physical abuse, ($r=0.214$, $p<0.05$); sexual abuse, ($r=0.429$, $p<0.05$); emotional neglect, ($r=0.348$, $p<0.05$); physical neglect, ($r=0.410$, $p<0.05$)].

DISCUSSION

This study investigated the relationship between neglect and abuse experiences and depressive symptoms and dissociative experiences in the childhood years of cases and tinnitus. No statistically significant difference was found in the sociodemographic data of the groups. The examination of gender distribution revealed that 44.40% of patients were females and 55.60% were males. The examination of tinnitus incidence in adult patients in society revealed that the incidence of tinnitus is higher in males in some studies in terms of gender distribution²¹, of which our study results coincide.

A statistically significant difference was found between childhood trauma, depressive symptoms, and dissociative experiences of the tinnitus and control groups. Tinnitus cases were observed to be affected by childhood traumas. The severity of childhood traumas was very low in the control group consisting of healthy individuals. Moreover, significant differences were found when other variables were compared (i.e., depressive and dissociative symptoms)²². Individuals with tinnitus were determined to have higher mean scores for depressive symptoms than healthy individuals. A large-scale study conducted in America included approximately 21.4 million, wherein those with tinnitus (anxiety in 26.1% and depressive symptoms in 25.6%) were higher than those without (anxiety in 9.2% and depressive symptoms in 9.1%)^{23,24}.

Our study results revealed that patients with tinnitus are affected by childhood trauma, depressive symptoms, and dissociative experiences. Another important finding of this study is the statistically significant positive correlation between the total score of CTS and HAD ($r=0.542$, $p<0.05$ and $r=0.874$, $p<0.05$). The positive significant correlation found in the present study between childhood trauma and depressive symptoms is supported by other studies, which claim that childhood traumatic experiences may be a risk factor for psychiatric disorders in the future. A person may experience depression, anxiety, and hostility due to traumatic experiences in their childhood, which may leave lifelong effects. In recent years, the number of studies investigating the effects of childhood trauma

on the occurrence of most psychiatric disorders have been rapidly increasing and the relationships between childhood trauma and different psychiatric disorders (somatic symptom disorders, sleep disorders, personality disorders, obsessive-compulsive disorder, anxiety, and depression) have been addressed in the literature²⁵⁻²⁷. In the context of relevant literature, a significant relationship was found between university students' obsessive-compulsive symptoms, childhood traumatic experiences, and dissociation scores²⁸. A study on gender-specific differences in childhood traumas and coping attitudes of major depression revealed that depression severity is an independent predictor for using emotionally focused and dysfunctional coping methods in males²⁹. The study on the relationship between depression, anxiety, and dissociation symptoms based on childhood traumas revealed a positive relationship between depression-anxiety symptoms in all types of neglect and abuse except physical abuse. Moreover, a positive relationship was observed between anxiety-dissociation symptoms in all types of neglect and abuse, except for sexual abuse³⁰. Another study showed that childhood traumas negatively affect patients with major depressive and bipolar disorders³¹. Further, a study on the relationship between childhood trauma and aggression levels in adults revealed that childhood trauma predisposes to adult aggression³². A study on the role of childhood traumas in psychiatric features in patients with neurotic excoriation revealed that childhood traumas were likely to have an important role in the formation of both neurotic excoriation and accompanying psychiatric problems³³.

The important finding of the study is the statistically positive significant relationship between the CTS and DES scores of cases with tinnitus ($r=0.420$; $p<0.05$). Moreover, a significant positive relationship was found between emotional abuse and dissociative experiences sub-dimension of CTS ($r=0.381$; $p<0.05$). According to this result, as the childhood emotional abuse score of the cases with tinnitus increases, the dissociative experience score also increases. The literature presented studies that indicate a relationship between childhood trauma and dissociative symptoms. Previously, families of sick individuals were reported to experience significant levels of childhood traumas³⁴⁻³⁶. Especially, stress and emotional trauma in early childhood are observed to increase the symptoms of tinnitus in adulthood.

The present study shows that a positive correlation exists between tinnitus and depressive symptoms. Depression level increases with the severity of tinnitus.

A difference was found between the mean scores of the tinnitus cases and the control group. Wilson et al.³⁷ found that patients with tinnitus may have symptoms, such as unhappiness, tension, irritability, indifference to the environment, sleep disorders, inability to enjoy life, loss of concentration, loss of working skills, and avoidance of social environment. Moreover, studies reported that the perception of tinnitus increases due to psychological reasons and symptoms, such as anxiety, sleep disorders, and depression, which are more common in tinnitus cases, and perception of tinnitus may increase due to increased environmental stress^{38,39}. Prior studies that examined the relationship between tinnitus and depression revealed that tinnitus affects several aspects of an individual's life^{40,41}. In addition, emotional states with depression symptoms are observed in patients with tinnitus complaints. A study revealed that the level of tinnitus affects depression and the level of depression affects tinnitus⁴²⁻⁴⁴. In correlation analysis, strong relationships between childhood neglect and abuse experiences, depressive symptoms, and dissociative experiences were observed. Emotional and physical violence exposure during childhood negatively affects tinnitus cases.

The insufficient measurement with the visual analog scale questionnaire in this study can be cited as one of the limitations. Further, the CTS, HADS, and DES can be subjectively interpreted by patients while filling out the scales. Concurrently, the CTS includes questions about the past and patients are likely to forget or deny their traumatic experiences.

CONCLUSION

The study results found a positive relationship between the childhood traumas and dissociative experiences of tinnitus cases. Depressive symptoms and dissociative experiences increase as childhood traumas increase. Studies with larger samples must be performed to reveal the relationship between tinnitus and childhood trauma, dissociative experiences, and depression in a more comprehensive way.

Our study revealed that most patients with tinnitus show depressive symptoms. The average total score for childhood trauma was high in the present study. Therefore, diagnosis and treatment of neuropsychiatric and psychological symptoms are recommended to provide appropriate treatment methods in tinnitus cases. Childhood trauma should be investigated in patients with tinnitus, and treatment should be approached in a

multidisciplinary manner. An intense need for methods that clearly show the severity of tinnitus was found; however, no consensus was found on the methods used to determine the severity of tinnitus. The severity of tinnitus can be determined by learning its occurrence, how much it disturbs the patient, and how much it limits daily activities. The only way to achieve this is through surveys. Tinnitus is a multifactorial disease, thus using more than one questionnaire to determine the different complaints that occur in each patient is necessary.

Ethics

Ethics Committee Approval: The study was approved by the local Scientific Research and Publication Ethics Committee (Inonu University Health Sciences Non-Invasive Clinical Research Ethics Committee) with decision number 2018/22-9 (date: 04.12.2018).

Informed Consent: All patients were informed about the study before obtaining informed consent.

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Author Contributions

Concept: M.A., D.S., E.O., O.C., Design: M.A., D.S., E.O., O.C., Data Collection and/or Processing: M.A., D.S., E.O., O.C., Analysis and/or Interpretation: M.A., D.S., E.O., O.C., Critical revision: M.A., D.S., E.O., O.C., Writing: M.A., D.S., E.O., O.C.

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